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**Educational Details**

<b>Examination</b>	<b>University/Board</b>	<b>Passing Year</b>
<b>M.A.</b>	<b>Ranchi University</b>	<b>2009</b>
M.Phil	Ranchi University, Ranchi	2011 <b>(Gold Medalist)</b>
NET/JRF	UGC	2013
Ph.D.	Ranchi University, Ranchi	2017

**TEACHING EXPERIENCES**

- UG (Regular) 2 years 10 months in Gossner College, Ranchi University, Ranchi.
- UG (Regular) in G.J. College, Rambagh,( Bihta), Patliputra University, Patna from 1<sup>st</sup> July 2017 to current date.

**RESEARCH EXPERIENCES:**

- 1. One Research Scholar registered.**

**2. Papers Published in National/International Journals**

<b>S.N.</b>	<b>Tital of the Paper</b>	<b>Name of Rearch Journal and ISSN</b>	<b>Year and Vol No.</b>
1	Spiritual Intelligence and Happiness: A Cross-Sectional Study	Research Spectra- ISSN-2394-9805	Sept to Dec, 2017 Vol No.-III
2	Level of stress and achievement motivation among adolescents	The International Journal of Analytical and Experimental Model Analysis ISSN NO. 0886-9367	September-2019 Vol No.-XI (Impact Factor-6.3)
3	Impact of Yoga Practice on Alcohol Dependent Patients.	Indian Journal of Social Concerns.	July-August. 2023 Vol. 12, Issues- 54 (7.84)

4	Role of Spiritual Intelligence in Psychological Wellbeing	Research Spectra	Vol-IV, No. 1 January- April 2023
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**Membership:**

1. Indian schools of Psychological association

**Administrative Experiences:**

- BCA Coordinator March 2018 to Aug. 2018.
- Counseling Cell Coordinator
- NAAC core committee
- Co- Coordinator Cultural committee
- Member of Sports cell
- Member of Debating society
- Member of Seminar and Symposia cell
- Member of Sexual Harassment Cell
- Member of Library Advisory Committee